# **Unity in Community - In Action**

**Practical Ways You Can Bring Unity To Your Community** 

## Volunteer with a local non-profit

Every community has a variety of non-profits to get involved with. Check out VolunteerMatch.org to find one near you and get signed up to volunteer.

## Spread awareness about local non-profits

If you're running short on time and not able to physically volunteer, you can always take a minute and post on social media helping to spread awareness about local nonprofits and how your community can get involved and serve.

## **Invite Others In**

We are often waiting on others to invite us in but what if you started it? What if you opened your home or invited others to meet you for lunch. Be the one to start the conversations and include others that don't look like you!

#### **Start the Conversations**

We come together when we listen and communicate with each other. Be the one that lends an ear then speaks peace. People need what you have to offer. There's no one like you! Speak up about how we can make strong teams when we join together!



## Join Jennifer

Whether it's inviting Jennifer to read her children's book about embracing others (Zoey the Zebra Meets Lexi the Lion) or volunteering for the Women's Leadership Panel on Unity in Community...join in! Speak up! We all need to work together to bring Unity to our Communities!

www.CheeringOnMoms.com/Unity

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